

Learning Disability Care Co-ordinator and Health Coach



We are working with LD North East in order to improve the care and support we offer patients with learning disabilities in our area.

The LD North East Team works with GP surgeries to identify patients who would benefit from some additional support to manage their health and wellbeing, particularly people who are anxious or have concerns about attending health related appointments.

Care Co-ordinator Mandy supports patients to attend annual health checks, make sure everyone is provided with accessible information and assist patients who may need to link in with additional health and care services.

Health & Wellbeing Coach Michelle supports and motivates patients to make healthy lifestyle choices, maintain long term behaviour changes and start to look after their own health and wellbeing.

Mandy and Michelle's expert input enables GP practices to understand challenges and consider new ways of working in order to reduce barriers to medical care for this patient population.

Click below for more information about this service:

Healthy Tomorrows with LD NorthEast



Last Updated - 30th September 2021