



Living Well North Tyneside

Supporting Health and Wellbeing



Time: 1:00pm - 4:30pm



Cost: No Cost



Type: Face to Face

We meet once a month at Wallsend Library in the Ark Royal room (typically first Tuesday of the month 1pm to 4.30pm).

These are drop-in sessions, so people can come along and stay for as long as they want. There is tea and coffee available.

Upcoming sessions:

- Tuesday 2nd April 2024 - 1pm to 4.30pm
- Tuesday 7th May 2024 - 1pm to 4.30pm
- Tuesday 4th June 2024 - 1pm to 4.30pm
- Tuesday 2nd July 2024 - 1pm to 4.30pm
- Tuesday 6th August 2024 - 1pm to 4.30pm
- Tuesday 3rd September 2024 - 1pm to 4.30pm
- Tuesday 1st October 2024 - 1pm to 4.30pm
- Tuesday 5th November 2024 - 1pm to 4.30pm
- Tuesday 3rd December 2024 - 1pm to 4.30pm

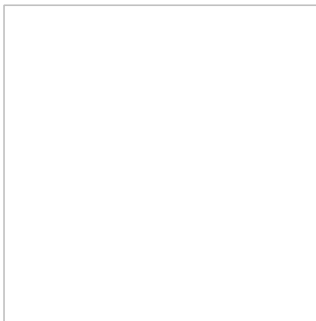
Follow us on Facebook [@BetterTogetherAutism](#) for updates.



[Autism](#)

[autism](#) | [awareness](#) |

[Adult Autism](#) | [friendship_group](#) | [ASD](#)





waynetaylor@autismbettertogether.org



Ark Royal Room
Wallsend Library
Wallsend



Last Updated - 14th March 2024

Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

[Subscribe Now](#)

