



# Living Well North Tyneside

Supporting Health and Wellbeing



**Cost:** No Cost



**Type:** Face to Face

Come and try archery with the Bowmen of Backworth.

Throughout the nicer parts of the year, we run several free events where you can try shooting a bow and arrow. Anyone can take part regardless of age or experience. We provide all necessary equipment and guidance, though you may wish to bring footwear suitable for a grassy field.

Children under 14 must be accompanied by an adult.

The events in 2024 are on the following Saturdays between 10:00 AM and 1:00 PM:

April 6th

May 4th

June 1st

July 6th

August 3rd

September 7th

Booking is not required. Just come to Backworth Hall between those times and follow the signs to our archery range.



[sports](#) | [archery](#) | [outdoor activities](#)

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Archery Have-A-Go Days



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Backworth Hall  
Station Road  
Backworth  
Tyne & Wear



<https://bowmenofbackworth.org>



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