



Living Well North Tyneside

Supporting Health and Wellbeing

£
Cost: No Cost


Type: Face to Face

Free hot/cold drinks served with a biscuit and even a home made scone at times!

Pop in and grab a drink, have a chat and or just sit back and relax.

Great service, socially very welcoming and an excellent opportunity to meet new people.

No booking required.

Refreshments provided FREE of charge.

If you wish to make a donation, please simply pay what you can.



[Cafe drop in](#) | [community cafe](#) | [social cafe](#) | [free](#)

Weetslade Hub


info@qfitgym.uk


St Paul's Church Hall
Market Street Dudley



Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

[Subscribe Now](#)

