



Living Well North Tyneside

Supporting Health and Wellbeing

Venue: Dreamshine Cafe Wallsend Library, Wallsend
Customer First Centre, 16, The Forum, Wallsend NE28 8JR



Time: 2:00pm - 3:00pm



Cost: No Cost



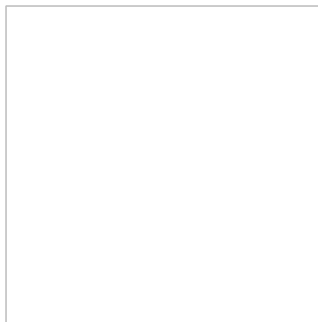
Type: Face to Face

chill space for young people to grab a drink, connect, and support each other – no pressure, just good vibes.

This activity is for young people aged 16-25 who live in North Tyneside



[young people](#) | [self](#) | [care](#) | [mental health](#) | [discover me](#)



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<https://voda.org.uk/discoverme/>

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