



Living Well North Tyneside

Supporting Health and Wellbeing

Venue: East End Youth & Community Centre,



Time: 2:15pm - 3:30pm



Cost: No Cost



Type: Face to Face

Weekly, on Thursdays 2:00 pm - 3:30 pm @ East End Youth & Community Centre

A singing group to express yourself through music! This group is a supportive and creative space for everyone. Develop your talent or enjoy the benefit of singing for your well-being.

This activity is for young people aged 16-25 who live in North Tyneside.



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DiscoverMe: Sing it Out!



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<https://voda.org.uk/discoverme/>

Last Updated - 8th August 2025



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