



Living Well North Tyneside

Supporting Health and Wellbeing

venue: Tynemouth Scouts Hut



Time: 1:00pm - 4:00pm



Cost: No Cost



Type: Face to Face

We meet once a month at the Tynemouth Scouts Hut in North Shields (typically second Tuesday of the month 1pm to 4pm).

31-35 Norfolk Street, North Shields, NE30 1NQ

These are drop-in sessions, so people can come along and stay for as long as they want. There is free tea and coffee available.

Upcoming sessions:

Tuesday 14th January

Tuesday 11th February

Tuesday 11th March

Tuesday 8th April

Tuesday 13th May

Tuesday 10th June

Tuesday 8th July

Tuesday 12th August

Tuesday 9th September

Tuesday 14th October

Tuesday 11th November

Tuesday 9th December

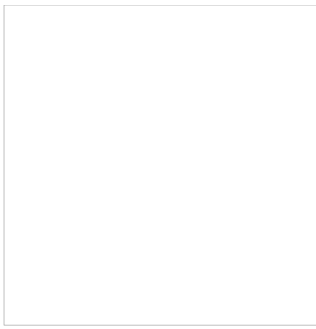
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Last Updated - 10th January 2025



