



# Living Well North Tyneside

Supporting Health and Wellbeing



**Time:** 12:00pm - 2:30pm



**Cost:** No Cost



**Type:** Face to Face

Finished school? Looking for something to do in the holidays?

Find out about ways you can get involved in the community.

Come along to this drop-in session, try out volunteering and find a way to do something meaningful and fun this summer.

We will be making wellbeing packs to help the community.

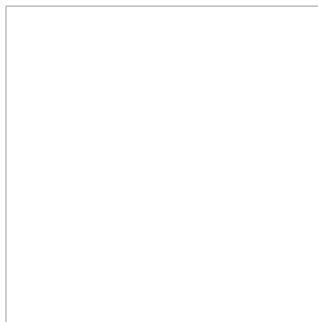
Age 14 plus  
Monday 21 July  
12-2.30pm  
Wallsend Library



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[volunteering](#) | [young people](#) | [teens](#)

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(0191) 643 2626



[volunteering@voda.org.uk](mailto:volunteering@voda.org.uk)



Wallsend Community Hub & Library,  
Spirit of North Tyneside Wing,  
16, The Forum,  
Wallsend



<https://getvolunteering.co.uk/>



Last Updated - 17th July 2025

