



Living Well North Tyneside

Supporting Health and Wellbeing

Time: 6:00pm - 7:30pm

£
Cost: No Cost

🌐
Type: Face to Face

A Death Café isn't as gloomy as it sounds. It's a relaxed, supportive space where people come together to talk openly about death, dying, and everything in between.

Join Sarah's Star on 6th May, 6:00–7:30pm at Café 32, Linskill Centre for an informal Death Café. This is a chance to share thoughts, listen to others, and explore conversations we don't often get the space to have.

We'll have tea, coffee, and cake available, along with a guest speaker to help guide the discussion. Whether you're curious, reflective, or just want to sit and listen, you're very welcome. There's no pressure to speak, just a safe and friendly environment to be part of.

This event is a collaboration between Sarah's Star, The Mental Health Alliance and VODA.



death cafe



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Linskill Centre
Linskill Terrace
Tynemouth
North Shields

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<https://www.sarajs-star.org/>



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