



# Living Well North Tyneside

Supporting Health and Wellbeing

Time: 12.00pm - 2.00pm



Cost: No Cost



Type: Face to Face

Come along to find out about volunteering opportunities this Volunteers' Week!

Pop in and chat with the team from the VODA Volunteer Centre to explore how you can get involved and make a difference in your local community.

There are lots of volunteering opportunities available, so you can choose the type that works best for you:

home working

on-site

flexible

one-off

regular

Volunteering is a brilliant way to support your community while learning new skills, meeting new people and enjoying rewarding experiences.

North Shields Library - Monday 1 June, 12pm-2pm

White Swan Centre - Tuesday 2 June, 12pm-2pm

Wallsend Library - Wednesday 3 June, 12pm-2pm

Whitley Bay Library - Thursday 4 June, 12pm-2pm



[volunteering](#) | [volunteers](#)

Volunteers' Week



07895 383993



[volunteering@voda.org.uk](mailto:volunteering@voda.org.uk)

