



Living Well North Tyneside

Supporting Health and Wellbeing

Venue: North Shields Methodist Church



Time: 11:30am - 2:00pm



Cost: No Cost



Type: Face to Face

Come and join us for a light bite over lunch time. Alongside this we deliver an activity. This is often member lead reflecting the interests of the people attending.



[light refreshments](#) | [drop in](#) | [over 65](#) | [activities](#)



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North Shields Methodist church
Hawkeys Ln
North Shields



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