



Living Well
North Tyneside
Supporting Health and Wellbeing

Dancing at the Mem



Date: 23rd September 2021 - 25th May 2023 Repeats weekly,
on Thursday



Venue: 10 Frank Street



Time: 1:00pm - 3:00pm



Cost: No Cost



Type: Face to Face

Why not give us a try, come along and spend a relaxing fun, social afternoon where you can enjoy dancing and music that you like.

There will be every type of dance Disco, Northern Soul, Jive, Rock n Roll, Ballroom and Latin, Sequence Dancing, Line Dancing and fun dances to the music that will have you on the dance floor and singing along to your favourite tunes.

1-3pm every Thursday, refreshments provided.

FREE session, Thursdays weekly 1pm-3pm, refreshments included



50 and over, Fun, make new friends | dance | social



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10 Frank Street
Wallsend



<https://www.wallsendmem.co.uk>



Last Updated - 25th May 2022

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