



Living Well North Tyneside

Supporting Health and Wellbeing

On Tuesday, 20 May 2025, the global HR community will come together to celebrate **International Human Resources Day**, recognising the pivotal role HR professionals play in shaping inclusive, adaptive, and forward-thinking workplaces. This year's theme, "**HumanifyAI: Leading Change Together**", underscores the balance between embracing technological advancements and maintaining a human-centric approach in the evolving world of work.

What is International HR Day?

Established by the **European Association for People Management (EAPM)**, International HR Day is an annual observance dedicated to acknowledging the contributions of HR professionals worldwide. Since its inception in 2019, the day has highlighted the essential role of HR in fostering organisational success and employee wellbeing.

Theme for 2025: HumanifyAI – Leading Change Together

The 2025 theme, "HumanifyAI: Leading Change Together", focuses on integrating artificial intelligence into HR practices while preserving the human touch that is central to effective people management. It encourages HR leaders to leverage AI for efficiency and innovation, ensuring that technological advancements enhance, rather than replace, human interactions in the workplace.

How to Celebrate International HR Day

- **Participate in Events:** Engage in webinars, workshops, and conferences that discuss the integration of AI in HR and share best practices.
- **Recognise HR Teams:** Organisations can acknowledge the efforts of their HR departments through appreciation events, awards, or public acknowledgments.
- **Promote Awareness:** Use social media platforms to share insights, success stories, and the importance of HR in navigating workplace transformations.
- **Educational Initiatives:** Host sessions that educate employees about the evolving role of HR and the impact of AI on people management.

Local Engagement in North Tyneside

In North Tyneside, organisations and communities can:

- **Collaborate with Local HR Networks:** Engage with regional HR groups to share experiences and strategies.
- **Organise Community Events:** Host local seminars or discussions focusing on the future of work and the role of HR.
- **Utilise Local Platforms:** Share stories and initiatives on platforms like Living Well North Tyneside to highlight regional HR achievements.

Final Thoughts

International HR Day 2025 serves as a reminder of the dynamic role HR professionals play in guiding organisations through change. By embracing technological advancements like AI while maintaining a focus on human-centric values, HR leaders are poised to drive meaningful transformation in the workplace.

Related Links

- [International HR Day](#)
- [European Association for People Management \(EAPM\)](#)

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