



Living Well
North Tyneside
Supporting Health and Wellbeing

Free Brunch for over 50's at Cedarwood Trust



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There is such a thing as a free brunch! Cedarwood Trust is starting a brand-new BRUNCH CLUB for over 50's to come along from 9:30am to 11:30am. Enjoy Brunch on them, meet new people or socialise with friends. Spaces are limited, so please pop into the centre to secure a spot or let them know via the form here: <https://bit.ly/over-50s-brunch-club>



The Cedarwood Trust,
The Avenue,
Avon Ave,
North Shields
NE29 7QT
NE29 7QT



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