



Living Well North Tyneside

Supporting Health and Wellbeing



National Hate Crime Awareness Week runs from 10 to 17 October. It is a national campaign dedicated to raising awareness, supporting victims, and encouraging people to speak out against hate.

A hate crime is any incident where someone is targeted because of their race, religion, disability, sexual orientation, or transgender identity. This can range from verbal abuse, threats, and online harassment to physical assault and criminal damage.

Recent Home Office figures show that 146,825 hate crimes were recorded by police in England and Wales in the year ending March 2026, a 7% increase on the previous year. Race hate crime increased by 9%, while religious hate crime increased by 13% (Source: Hate crime, England and Wales, year ending March 2026 - GOV.UK).

Where to Find Help Locally

The Connected Voice Hate Crime Advocacy Service offers free, independent, and confidential support. You do not have to report the incident to the police to get help.

An advocate can help you:

- Understand your options and rights
- Access practical support to feel safe
- Connect with other local specialist services
- Guide you step-by-step through the reporting process if you decide to report

Find out more about Hate Crime Advocacy at Connected Voice via the web link with this article.

Monthly Drop-In Session

Connected Voice Advocacy and Northumbria Police also host a monthly Hate Crime Reporting Drop-In at the ONE Centre in Pelaw.

Held on the third Monday of every month from 10am to 1pm, it provides a quiet, informal space to ask questions, chat with someone in confidence, or get advice.



<https://www.connectedvoice.org.uk/services/advocacy/hate-crime-advocacy>



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