



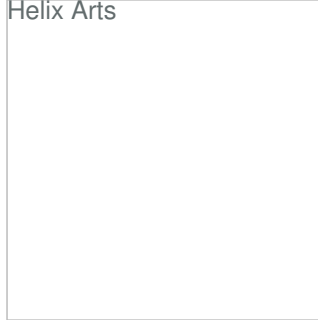
# Living Well North Tyneside

Supporting Health and Wellbeing

Helix Arts welcomes approaches from organisations and individuals who want to collaborate with us. Find out more about our projects and how to get involved at [www.helixarts.com](http://www.helixarts.com).

We are members of the **Mental Health Alliance**. You can read more about [it here](#).

Helix Arts



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## Services

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Helix Art - Artists' Agency

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Helix Art - Here to There

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Better Connect : Creative Wellbeing Programme

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## Things to do

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No Activities

## Sign Up for Living Well North Tyneside

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