



Living Well North Tyneside

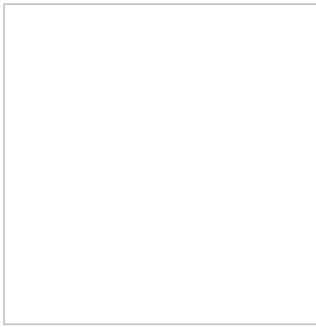
Supporting Health and Wellbeing

Professionals/parents/carers are also able to express an interest on behalf of a young person via this form but only with their consent.

Some further information:

- There are no criteria for young people to join, just a willingness to get involved and learn some new skills!
- DiscoverME does not replace any existing Education provision.
- DiscoverME is offering non-clinical support.
- Young people can express their interest via our quick form.
- Once a young person has signed up, it is not compulsory that they attend a certain amount of sessions.
- There is no set time limit in place for young people to access the service. They can continue to attend up until the age of 25.

We are members of the **Mental Health Alliance**. You can read more about [it here](#).



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<https://voda.org.uk/discoverme/>



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Last Updated - 14th August 2024

Services

Volunteering with DiscoverMe

DiscoverMe: The Recovery College for Young People

Things to do

DiscoverMe: Movie Night social

Sign Up for Living Well North Tyneside

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