

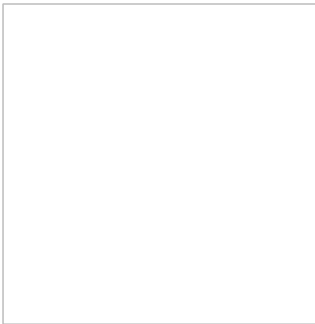


Living Well North Tyneside

Supporting Health and Wellbeing

- Cooking
- IT
- Freeplay
- Social integration
- Animal Therapy
- Exercise

We are part of the **Mental Health Alliance**. You can read more about it [here](#).



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Services

No Services

Things to do

No Activities

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