



Living Well North Tyneside

Supporting Health and Wellbeing

can be associated when diagnosed.

We aim to:

- Provide a safe space where people can express themselves freely by talking or sitting quietly
- Create a community where people can share their experiences and get help from other people going through similar experiences
- Provide access to holistic therapies to create a sense of calm, peace and serenity
- Educate people about palliative care, helping them to recognise that it is not to be feared
- Create a network of strong community partnerships



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Last Updated - 7th February 2024

Services

No Services

Things to do

No Activities

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