



**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

## Tyneside Healthy Walks

Tyneside Healthy Walks is a new unregistered charity that was previously Linskill Health Walks CIC. We are an inclusive and welcoming group that organises free, healthy, social and guided walks throughout North Tyneside and beyond. Some of our guided walks begin around Wallsend (every Monday), some from the Linskill Centre in North Shields (every Thursday), and others start in Newcastle using public transport to begin at various locations in Tyneside (every Tuesday, Thursday and some Saturdays) and some begin from Byker Baths every Tuesday and Thursday. A walk for everyone! Come join us!

Tyneside Healthy Walks



07772711193



tynesidehealthywalks@gmail.com



Haswell Gardens  
North Shields  
NE30 2DP



@TynesideHealthyWalks



@tynesidehealthywalks

Last Updated - 31st October 2023



## Services

---

Tyneside Healthy Walks

---

## Events

---

No Events

---

## Activities

---

No Activities

---