



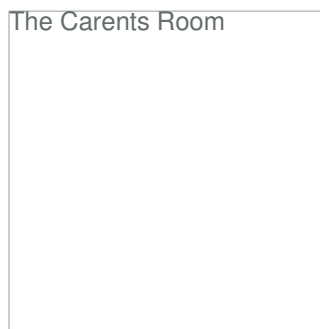
Living Well
North Tyneside
Supporting Health and Wellbeing

Carets Lounge is a private Facebook group providing peer to peer support for adults who are caring for older relatives, partners or friends.

Link: <https://www.facebook.com/groups/caretslounge>

The Carets Room on Social Media

Follow The Carets Room on social media for regular tips to keep you and those you love safe and well.



07775523860



hello@carets.co.uk



Online
NE2 1QP



<https://carets.co.uk>



@caretslounge



Services

No Services

Things to do

No Activities

