



Living Well North Tyneside

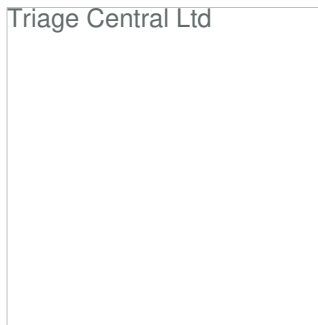
Supporting Health and Wellbeing

access work or training.

Participants receive one-to-one guidance from a dedicated advisor who works with them to identify goals, build confidence, and create a realistic pathway into employment. Support can include CV development, job searching, interview preparation, improving essential skills, exploring training opportunities, and addressing personal or practical barriers to work.


Connect to Work takes a holistic approach, recognising that everyone's journey is different. The programme links participants with local services, employers, and training providers where appropriate, ensuring support is joined-up and responsive to individual needs. The overall aim is to empower people with the skills, confidence, and opportunities they need to progress towards meaningful employment and long-term career success.

We meet individuals out in the community at a time and place that suits them for more information or to get support email ctw@trriage.net or visit www.trriage.net/connect-to-work



 ctw@trriage.net

 ctw@trriage.net


Gateshead International Business Centre
Mulgrave Terrace
Gateshead
NE8 1AN

 <https://www.trriage.net>

 [@triagenortheast](https://www.facebook.com/triagenortheast)

Last Updated - 2nd May 2026



Services

No Services

Things to do

No Activities

