



Living Well
North Tyneside
Supporting Health and Wellbeing

Carer Support Group - Dementia Connections

Our Dementia Connections Team now provides a 'virtual' peer support group weekly led by one of our Admiral Nurses. The group takes place between 2pm and 3pm every Monday.

During these difficult times why not join our virtual carers' support group to share your experiences and build up friendships with others.

We will be meeting via Zoom each week. This is an App that is easy to use either on a smart phone, lap top or Ipad. Let us know if you would like to join us and we will ring you to confirm dates and times. Tel: 0191 2877014

Carer Support Group - Age UK North Tyneside

For people living with dementia and their carers. A friendly, monthly meeting to support each other. A group led by people living with dementia for people living with dementia

Free to attend. Come along and enjoy a friendly atmosphere. Tel: 0191 2877014





0191 287 7014



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