



**Living Well**  
**North Tyneside**  
Supporting Health and Wellbeing

benefit veterans who may not be aware of the support and services they could potentially receive. This will enable them to build confidence and link in with the wider community to assist in creating a more fulfilled life.

We also hold monthly sessions at Operation Veteran and Walking With The Wounded North East. You can drop in for an informal chat to hear all about our services for veterans.

To get in touch or to find out more about our Support for Ex-Services, call us on 0191 280 8484 or email [community.engagement@ageuknorthtyneside.org.uk](mailto:community.engagement@ageuknorthtyneside.org.uk).

## Veteran Questionnaire

We are currently looking for veterans in North Tyneside to take part in our Veteran Questionnaire to help us better serve our community. If you'd like to take part, call us on 0191 280 8484 or email [community.engagement@ageuknorthtyneside.org.uk](mailto:community.engagement@ageuknorthtyneside.org.uk).



[veteran](#) | [Veteran Support](#) | [advice](#) | [guidance](#)

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0191 280 8484



[community.engagement@ageuknorthtyneside.org.uk](mailto:community.engagement@ageuknorthtyneside.org.uk)



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<https://www.ageuk.org.uk/northtyneside/our-services/support-for-ex-services-26431282-b5d6-ec11-bea2-00155d806b13/>



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