



Living Well North Tyneside

Supporting Health and Wellbeing

Tackling health inequalities is a key priority to us, we are delighted to deliver this program in North Tyneside.

We offer a full range of activities to anyone 16 years and older, and we work with with lots of organisations across North Tyneside to put together our programme including Active North Tyneside and the Newcastle United Foundation.

We run a seasonal programme of activities which changes regularly, if you'd like to know more then please get in touch with our Healthy Connections Lead Lennon on 0191 2622261 or at lennon.chirnside@ldne.org.uk.

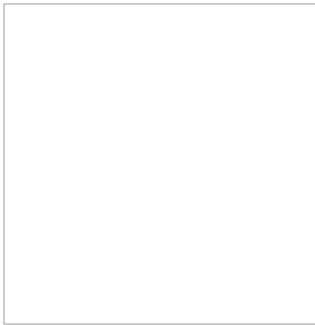


[learning](#)

[disability](#) |

[health services](#) |

[sport activities](#)



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<https://ldne.org.uk/healthy-connections/>

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