



Living Well North Tyneside

Supporting Health and Wellbeing

manage their own health by overcoming barriers people with a learning disability often face.

Tackling health inequalities is a key priority to us, we are delighted to deliver this program in North Tyneside.

We offer a full range of activities to anyone 17 years and older, and we work with with lots of organisations across North Tyneside to put together our programme including Active North Tyneside and the Newcastle United Foundation.

We run a seasonal programme of activities which changes regularly, if you'd like to know more then please get in touch with our Community Outreach Groups Lead Lindsey on 0191 2622261 or at lindsey.harle@ldne.org.uk.



learning

disability |

health services



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<https://ldne.org.uk/healthy-connections/>



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