



# Living Well North Tyneside

Supporting Health and Wellbeing

can support carers to and raise their awareness to help create carer friendly communities. This will help recognise and support carers at an early stage and they will be less isolated as a result of being better connected to local people and organisations, allowing them to feel more part of the community.

To find out more: Email [enquiries@ntcarers.co.uk](mailto:enquiries@ntcarers.co.uk) or telephone 01912496480.



[carer](#) | [support](#) | [reducing isolation](#) | [carer support](#) | [lonely carer](#) | [help for carers](#)

## Support for Isolated Carers



0191 2496480



[enquiries@ntcarers.co.uk](mailto:enquiries@ntcarers.co.uk)



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<https://www.northtynesidecarers.org.uk/>



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