



**Living Well**  
North Tyneside  
Supporting Health and Wellbeing

## Save a Baby's Life - Coast/ Central Locality Team

### Save a Baby's Life

#### Booking Required!

Come along and learn basic First Aid skills including how to deal with the following: Choking, Burns, Serious Bleeds and how to give CPR.

Sessions are as follows:

- Saturday 24th February 2024 10:00 - 11:30 at Whitley Bay Customer First Centre, York Road, Whitley Bay NE26 1AB
- Saturday 30th March 2024 10:00 - 11:30 at Whitley Bay Customer First Centre, York Road, Whitley Bay NE26 1AB

For more Information please contact reception on 0191 643 8899

To book your place on a course contact Rob Chambers on [hadriansafety@yahoo.com](mailto:hadriansafety@yahoo.com)



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<https://my.northtyneside.gov.uk/category/495/family-hubs>



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