



Living Well North Tyneside

Supporting Health and Wellbeing

We are open Monday - Thursday 8:30 - 17:00 and Fridays 8:30 - 16:30.

Please note our phonelines will be closed for staff development last Wednesday of the month 12:00 - 13:00

We are closed Bank and Public holidays.

If your referral is urgent, and you cannot wait for us to re-open, then please contact our Emergency Duty Team on 0191 200 6800

Our number is a local call rate number.



safe | support | children | safeguarding | social care | adult | referral | social work | occupational therapy |
abuse



0191 643 2777



childrenandadultscontactcentre@northtyneside.gov.uk



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<http://my.northtyneside.gov.uk/>



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