



Living Well North Tyneside

Supporting Health and Wellbeing

We are open Monday - Thursday 8:30 - 17:00 and Fridays 8:30 - 16:30.

Please note our phonelines will be closed for staff development last Wednesday of the month 12:00 - 13:00

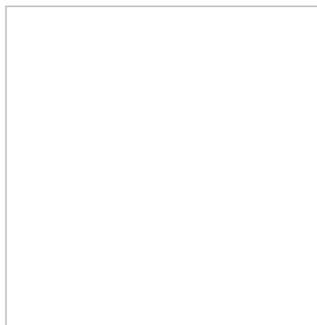
We are closed Bank and Public holidays.

If your referral is urgent, and you cannot wait for us to re-open, then please contact our Emergency Duty Team on 0191 200 6800

Our number is a local call rate number.




[safe](#) | [support](#) | [children](#) | [safeguarding](#) | [social](#) | [care](#) | [adult](#) | [referral](#) | [social work](#) | [occupational](#) | [therapy](#) | [abuse](#)




0191 200 6800


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