



Living Well North Tyneside

Supporting Health and Wellbeing

- Cultural Exchange
- Conversational English
- ESOL provision
- Jobs Fairs and links to businesses
- Ukrainian Connections
- CV's, application forms, covering letters and interview techniques
- Training courses and skills provision
- Confidence building and wellbeing support
- Access to wider community services
- Digital skills and practical support

If people aren't quite ready to start working, we can help them take their first steps to prepare for employment. Working can be a great way to improve English speaking, make friends and of course earn money to fund a more independent lifestyle.

From confidence building and CV writing right through to the application process, we have a great team here ready to welcome people through the door and help them take those first steps to working in the UK.

We'll help to create an environment in which individuals can get started on a healthy, productive, fulfilling future.

We can meet with you locally for a friendly chat about your circumstances and aspirations. One to one support is available.

Call 0191 643 2288 or email employability.skills@northtyneside.gov.uk.

Or follow us on Facebook: @NTESkills or Twitter: @NTEmployment



[ESOL](#) | [wellbeing](#) | [training courses](#) | [support](#)

Related Documents

- [Ukraine Connections.png](#)



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<https://www.skillsnorthtyneside.org.uk/support/workingwell/>



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