



Living Well North Tyneside

Supporting Health and Wellbeing

how to deal with the following:

- Choking,
- Burns,
- Serious Bleeds,
- How to give CPR.

To book a place on a course contact Rob Chambers on hadriansafety@yahoo.com



[Baby first aid](#) | [first aid](#) | [training](#)



01916436267



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<https://my.northtyneside.gov.uk/category/495/family-hubs>



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