



Living Well North Tyneside

Supporting Health and Wellbeing

Meet new people in an informal walk along our coast, ending with a cuppa and chat at the Low Lights Café.

Social Groups | Age UK North Tyneside

Book Club

Our Book Club is a great way to connect with other people while sharing your love of reading.

Social Groups | Age UK North Tyneside

Ladies Who Lunch

Enjoy some lunch and make new friends with like-minded ladies.

Social Groups | Age UK North Tyneside

Social groups at Age UK North Tyneside



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<https://www.ageuk.org.uk/northtyneside/activities-and-events/meet-new-people/>



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