



Living Well North Tyneside

Supporting Health and Wellbeing

As well as supporting families/carers our dementia coordinators run groups throughout the week.

See the link below for more information on the groups:

Dementia Activities | Age UK North Tyneside



0191 280 8484



enquiries@ageuknorthtyneside.org.uk



Age UK North Tyneside
13 Saville Street West
North Shields
NE29 6QP



<https://www.ageuk.org.uk/northtyneside/>

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