



Living Well North Tyneside

Supporting Health and Wellbeing

What happens at your appointment?

1. Arrival & Check in - You'll be welcomed and asked to confirm your details.

2. Visual Acuity Test & Eye Drops - We will check how well you can see using a standard eye chart. Then, we'll put drops in your eyes to enlarge your pupils. This might blur your vision for a few hours, so we advise **NOT** to drive afterwards.

3. Photographs - We'll take quick, painless photographs of the back of your eyes using a special camera.

4. Results - Your images will be checked by specialists. Results are sent to you and your GP within a few weeks

Why It's Important

- Screening can detect eye damage early, often before you notice symptoms.
- Early treatment can help protect your sight.
- Even if your diabetes is well controlled, changes can still happen.

We run diabetic eye screening clinics across North Tyneside to make it easier for you to attend. Our local clinics include: The Parks Sport Centre, Monkseaton Medical Practice, NHS Eye Screening Centre @ Gosforth Business Park, and Freeman Hospital (for specialist patients only).



0191 823 6622



engagement.ntgdesp@nhs.net



Gosforth Eye Screening Centre, 7 Park Road, Gosforth
Business Park, Longbenton, Newcastle upon Tyne,
NE12 8DG
NE12 8DG



<https://www.inhealthgroup.com/diabetic-eye-screening/contact-and-locations/#tyne>



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