



# Living Well North Tyneside

Supporting Health and Wellbeing

By joining the People's Hub, you can help to make a difference to health and care in the North East and North Cumbria.

We'll send you an easy-to-read monthly update with news of current projects, how to have your say, and how patients' voices are making a difference.



[involvement](#) | [ICB](#) | [health](#) | [care](#) | [feedback](#) | [newsletter](#)



0191 512 8484



[nencicb.involve@nhs.net](mailto:nencicb.involve@nhs.net)



North East and North Cumbria Integrated Care Board  
Pemberton House  
Colima Avenue  
Sunderland Enterprise Park  
Sunderland  
SR5 3XB

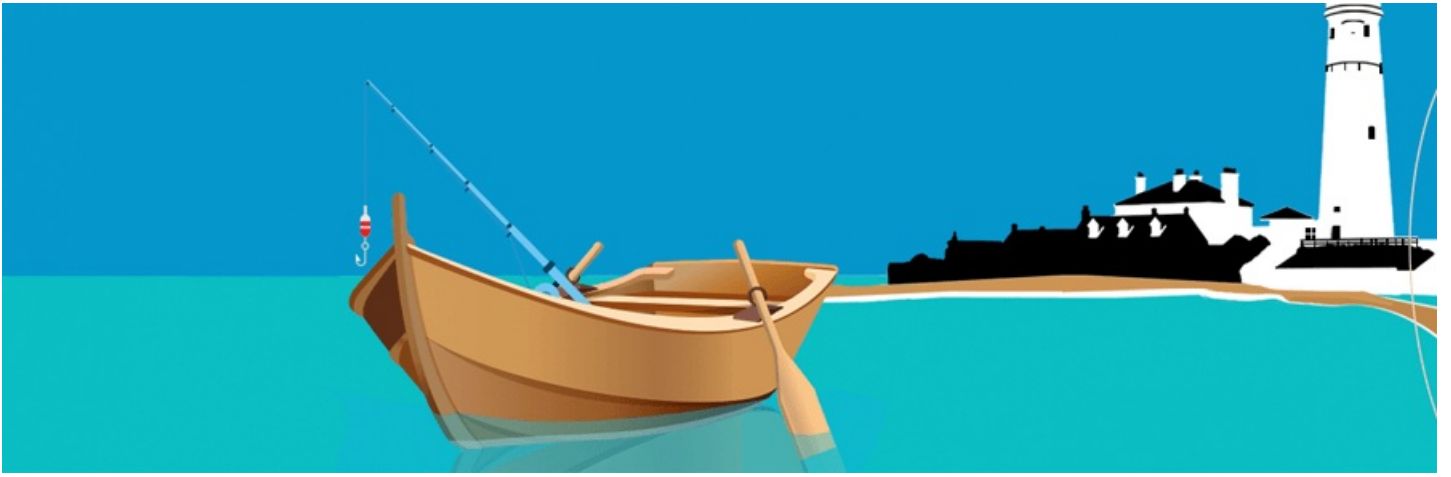


<https://northeastnorthcumbria.nhs.uk/get-involved/the-peoples-hub/>



Last Updated - 6th May 2026





© 2026 Living Well North Tyneside | Web Design: Indigo Newcastle