



Living Well North Tyneside

Supporting Health and Wellbeing



[gym](#) | [Swimming pool](#) |

[Swimming lessons](#) |

[health & fitness](#) |

[Exercise classes](#) |

[Sports hall](#) | [soft play](#)

The Lakeside Centre



(0191) 643 4177



lakeside@northtyneside.gov.uk



Southgate
Killingworth
NE12 6SA



<http://my.northtyneside.gov.uk/category/257/lakeside-centre>



Last Updated - 18th July 2024

Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

[Subscribe Now](#)