



Living Well North Tyneside

Supporting Health and Wellbeing

Typically, this support can be utility top ups and emergency food provision. We are a cashless service.

Who can apply?

You do not need to be receiving benefits to be considered.

- Over 16 years and living in North Tyneside
- You may be asked to provide evidence of the circumstances lead you to be in financial crisis.

We are open from 9am to 2.00 pm Monday to Friday.

We are not open on Bank or Public Holidays.

If your need is urgent and you need assistance when we are closed, please contact our **Emergency Duty Team on 0330 333 7475**



[food](#) | [benefits](#) | [welfare](#) | [crisis](#) | [utilities](#) | [gas](#) | [electric](#) | [food parcel](#) | [food bank](#) | [homelessness](#)

Local Welfare Provision

 0191 643 2777

 welfare.provision@northtyneside.gcsx.gov.uk

 Quadrant East, 16
The Silverlink North

West Allotment
UK
NE27 0BY

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