



# Living Well North Tyneside

Supporting Health and Wellbeing

We have an integrated, diverse team in a safe space that is accessible and available for everyone. We do not run a segregated service, people with disabilities work alongside other placements and volunteers. Our focus is on the enjoyment of different jobs; sharing hobbies and interests together. We offer a range of tasks and projects for everyone to get involved in; everyone works together on their chosen projects regardless of their background, ability or experience.

It is our goal to develop potential so people can flourish in a safe and realistic work setting. We are a modern support service where people choose what jobs they want to do and we provide the support they need to complete them. We are person centred in our approach and led as much as possible by everyone who comes here.

The service is available Monday to Friday 10am to 3.00pm.

We accept referrals from across the region so contact with us to arrange a tour and a chat to see if we are right for you.

Thrive is a chargeable service. Prices start from £3 depending on the activity and level of support. Anyone who needs more support should get in touch and we can chat about your needs to negotiate a suitable and affordable level of support. We can offer half days or full days.

Half day rate is £37.65

Full day rate £75.30



day care for adults | disability | additional needs | adult wellbeing | disabled people | care services |  
carer support | day care | community support | social inclusion | adult learning

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<https://www.meadowwellconnected.org.uk/adult-daycare>



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