



Living Well North Tyneside

Supporting Health and Wellbeing

- Young Parents Group, Monday, 10:00-12:00pm,
- After school board games and crafts, Tuesday, 3:30-5:00pm,
- Childminder drop-in, Thursday, 10:00-11:30am,
- Brilliant Babies (0-3 years), Thursday, 1:30-3:00pm,
- Creative Stay, Play and Learn (0-5), Friday, 1:30-3:00pm.

All of our activities are free.

Also based at this site is the Forest School which is operated by a private partner in association with the Family Hub. A charge is made for this activity.

For more Information, please contact reception on 0191 643 2110



[art](#) | [baby sensory](#) | [toddler group](#) | [baby group](#) | [sensory room](#) | [after school](#) | [Young Parents Group](#)



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