



# Living Well North Tyneside

Supporting Health and Wellbeing

supermarkets, a post office, library, bakery, hairdressers and cafes. There are doctors' surgeries in North Shields, which are within walking distance. Other local amenities include a cinema and a nearby nature reserve.

We understand that sometimes you like to be alone and at other times you may want to be more sociable. Our properties give you that freedom. At Norfolk Court we run social activities including coffee mornings, bingo and a social evening once a month.

You will not need to worry about maintenance and repairs or gardening upkeep as we take care of those. We provide a wide range of facilities, including a communal lounge, a guest room, a garden with seating area, an on-site laundry and two parking spaces.



retirement | sheltered housing | over 55 | retirement housing | 24 hour support



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<http://www.anchor.org.uk/our-properties/norfolk-mews-north-shields>



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