



Living Well North Tyneside

Supporting Health and Wellbeing

choice and movement in the communal areas, including space for private meetings with visitors. There is also a small conservatory porch, which is a pleasant sitting area. There are two bedrooms located on this floor, one of which has its own en suite facilities. There is also a bathroom on this floor which has a bath, shower and toilet.

On the first floor, there are five single bedrooms, two of which have kitchen areas to enable increased independence. There are two toilets and a bathroom which are easily accessible to all of the rooms. There is also a quiet room located on this floor which provides opportunities for both residents and staff to have private discussions or just a chill out space. There are two single bedrooms located on the second floor.

Due to the layout of the property there are no accessible rooms at St Marys for people with mobility issues.

Residents at St Marys may require support for personal care. All residents have a personalised care plan which staff will work through. The plan contains information about the resident's current abilities and also contains goals that they can work towards with the help of the staff team, with the aim of them becoming as independent as possible.

The staff team at St Marys is made up of a Registered Manager, Team Leader, Senior Support Workers, and Support Workers. All staff are adequately trained and fully qualified to fulfil their role within the home.

St Marys is externally audited and reviewed by the Care Quality Commission. See the report [here](#)



over 18 | support | whitley bay | mental health | learning difficulties



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<https://aspirehealthcare.co.uk/services/supported-living/st-marys/>



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