



Living Well North Tyneside

Supporting Health and Wellbeing

such as painting, pottery, woodcarving, glass, textiles, creative writing, puppet making or drawing. We also offer individual support for people who want to do their own artwork, plus we offer trips, exhibitions and projects for people to join in. Opening hours: 9:30-16:00 Monday-Friday.

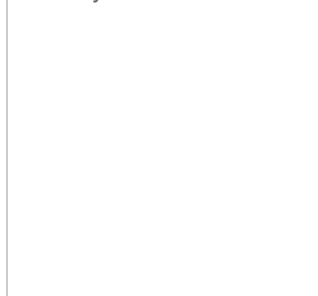
People don't need any experience of art to join the studio - most join as a way to get out of the house, meet people and gain confidence, in a supportive, friendly and understanding environment.

People join the studio via a referral from a health professional, such as CPN, Social Worker, GP, Psychiatrist or through the Social Prescribing Service or Talking Therapies. Once referred, access is free of charge and includes our regular workshops and activities plus all basic art materials. For more information, to see our latest 'What's On' leaflet, or to book an informal visit to look around and discuss a possible referral here, please call us on 0191 296 1156 or email info.ntartstudio@gmail.com.



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North Tyneside Art Studio



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