



Living Well North Tyneside

Supporting Health and Wellbeing

to join in Spring term on Tuesdays from Monday 1st May.

People don't need any experience of art to join the studio - most join as a way to get out of the house, meet people and gain confidence, in a supportive, friendly and understanding environment.

People join the studio via a referral from a health professional, such as CPN, Social Worker, GP, Psychiatrist or through the Social Prescribing Service or Talking Therapies. Once referred, access is free of charge and includes our regular workshops and activities plus all basic art materials. For more information, to see our latest 'What's On' leaflet, or to book an informal visit to look around and discuss a possible referral here, please call us on 0191 296 1156 or email info.ntartstudio@gmail.com.



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North Tyneside Art Studio



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