



Living Well North Tyneside

Supporting Health and Wellbeing

If you are claiming benefits or unemployed, our friendly team of staff and volunteers can help at every stage of your claim, including:

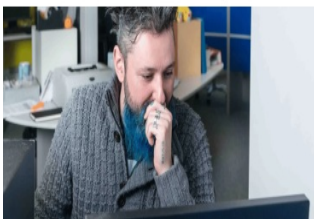
- Understanding and maintaining your claimant commitment
- Setting up and managing your universal job match account
- We can help you recognise your employability skills and help you create a suitable CV
- We can support you to access education or training opportunity
- We can help you undertake meaningful job searches through reputable job search engines
- Help you with applying for jobs and preparing for interview
- You can access mock CSCS card tests
- Offer volunteering opportunities within our centre

In addition, we work with external partners to provide:

- Offer unique work-shadowing or work experience opportunities
- Apprenticeship opportunities
- Support to set up social enterprise or new business
- Housing support
- Debt support
- Saving/money management



it | employment support | cv | computers | computer courses | internet help | computer training |
skills development | universal jobs | job seeking | mock interviews | it support | it help





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<https://www.meadowwellconnected.org.uk/develop-it-skills>



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