



# Living Well North Tyneside

Supporting Health and Wellbeing



singing | exercise | arts and crafts | drama | cookery



new prospects



0191 251 7737



[kelly.kirby@new-prospects.org](mailto:kelly.kirby@new-prospects.org)



38-42

New Prospects Association Ltd

38-42 South Parade

Whitley Bay

England

NE26 2RQ



<http://www.newprospects.org.uk>



Last Updated - 12th December 2023

# Sign Up for Living Well North Tyneside

Get all the latest news and information to help you to live well locally

[Subscribe Now](#)

