



Living Well
North Tyneside
Supporting Health and Wellbeing

Advice, Information & Signposting Service

Gateway operate the first point of contact for queries about social care & health services in North Tyneside for children & adults.

Gateway is a telephone service open to all people in the borough, concerned about themselves, a carer, or a child.

We will listen to your query and offer you advice & information to enable you to resolve your problems through accessing our website, service directory or services within the area. Our aim is to help you help yourself, or the person you are contacting us about, where possible.

If we are unable to help you resolve your issue in this way we will refer to to an appropriate source of support.

We are open Monday to Thursday 8:30 - 17:00, Fridays 8:30 - 16:30.

Please note our phonelines will be closed for staff development last Wednesday of the month 12:00 - 13:00

The service is not available on Bank & Public Holidays

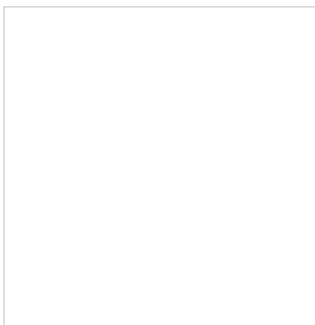
Our number is a local call rate number.

The Gateway Team supports the campaign to End Loneliness in North Tyneside

Follow the campaign on social media on twitter using [#endlonelinessinnorthtyneside](#)



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0191 643 2777



childrenandadultscontactcentre@northtyneside.gov.uk



Quadrant East, 16
The Silverlink North
West Allotment
UK
NE27 0BY



<http://my.northtyneside.gov.uk/>



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