



Living Well North Tyneside

Supporting Health and Wellbeing

We also accept referrals from a range of services you may be working with, such as education, health or social workers.

Support for the whole family

Acorns can support the parents and carers of children who attend, or are on the waiting list for Acorns. We have a range of family support services which includes:

- Counselling and other therapeutic processes
- Emotional and practical support
- Information, advice and sign-posting

We regularly hold different types of events, including an Introduction to Acorns Coffee Morning, which explains a bit more about who we are and what we, and where we can answer questions you may have.



[wellbeing](#) | [advice](#) | [parents](#) | [emotional support](#) |
[carers](#) | [Acorns](#)

[welfare benefits](#) | [practical support](#) |

[domestic abuse](#) |

Family Support Work



01912006302



admin@acornsproject.org.uk



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Acorns
7 Alma Place
North Shields
England
NE29 0LZ



<https://www.acornsproject.org.uk/what-we-offer/services-for-parents-and-carers/>

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