



Living Well North Tyneside

Supporting Health and Wellbeing

sense of what has happened, which in turn reduces the confusion and fear they may be experiencing, and improve their safety.

Where a young person has experienced or is at risk of experiencing domestic abuse we can offer information, advice, support, safety planning and advocacy on a one to one basis to increase their safety and offer emotional support. We also carry out group work in schools and community settings to increase young people's knowledge of healthy and unhealthy relationships.



[domestic abuse](#) | [sexual abuse](#) | [healthy relationships](#) | [safety](#) | [children](#) | [young people](#) | [advice](#) | [support](#) | [emotional support](#) | [Acorns](#)



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Last Updated - 20th February 2025

