



Living Well North Tyneside

Supporting Health and Wellbeing

We work in co-production (working together, with transparency & open communication, where equal value is given to each participant contributing) with service providers, such as the Local Authority, Health and Social care. It's an approach which builds upon meaningful participation, assumes effective consultation and information sharing. Parent/carers are there not just to illustrate the experiences of families, but rather to take joint responsibility to help shape future experiences and be an active part of delivering solutions.

Everything we do is based around what our parent carers are telling us they need and what is happening in our area:

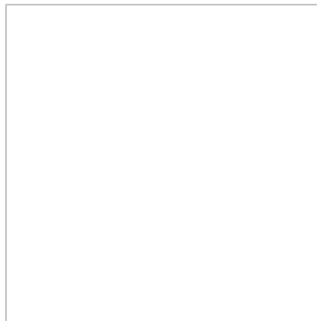
- We support consultations.
- We facilitate workshops, parent carer peer support in school, host/support drop-in sessions, host parent carer/young person sessions, an annual conference. All events are on our website and shared on "North Tyneside Parent Carer Forum" Facebook page.
- We can tell you what is available in the area for your family and how to access these services.
- We raise arising themes with LA/Health/Social Care and other appropriate services.
- We want our parent/carers to be as informed as possible to help them make the right decisions for their family. If you have ANY feedback on how to improve services, we would like to hear from you.



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07572 787 044


info@ntpcf.org.uk



Space@,
224 Park View,
Whitley Bay
NE26 3QR



<https://ntpcf.co.uk/>



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