



Living Well North Tyneside

Supporting Health and Wellbeing

Our staff are fully trained and are committed to deliver the very best of care to all residents. We are all very approachable and we take our residents' satisfaction and well-being very seriously.

Location

Risedale is situated in an excellent location in the heart of Whitley Bay. It is very close to the sea front, local shops and both metro and bus stations.

Accommodation at Risedale

We have 17 fully furnished bedrooms (7 of which have en suite facilities) each with telephone points, hand wash basins and central heating.

Although all rooms are fully furnished, residents are naturally permitted to bring their own belongings to make them feel even more at home! **Facilities at Risedale**

- Two comfortable fully furnished lounges
- Dining room
- Library
- Free laundry service
- Hairdresser, nail bar and chiropodist service
- Doctors, dentist, district nurses and optician available when required
- Clergy visits of all denominations
- In-house entertainment and regular outings
- Daily activities, light exercises, arts & crafts and social events

Residents Insurance

Risedale offers insurance cover for residents' personal belongings up to a maximum value per resident. However, residents are of course free to make their own insurance arrangements if preferred.

Dining

All of our meals are served in our dining room at the following times.

- Breakfast 6:30am - 9:30am
- Lunch 11:45am
- Tea 4:15pm
- Supper 7:00pm
- Late night drink/snack 9:30pm - 10:00pm

In addition we also serve mid morning and afternoon tea.

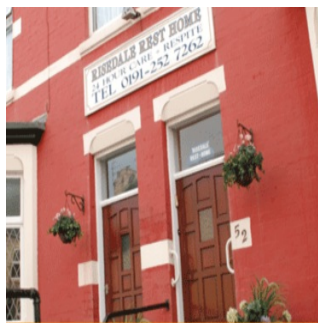
Nutrition

We recognise the importance of good food, therefore all meals are home cooked on the premises daily by our fully qualified cook using the freshest of ingredients.

We are happy to cater for residents' individual dietary requirements and always ensure there is a substantial choice and variety of foods.



residential care home | rest home | respite | emergency bed



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<http://www.risedaleresthome.co.uk/index.asp>



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