



Living Well North Tyneside

Supporting Health and Wellbeing

special interest groups. Video film making, Digital and Practical, and Nature have separate meeting nights. An annual fee covers membership of all groups. We also run an informal Monday Afternoon Group (fortnightly), which is open to all. Visitors and prospective members are always welcome to attend our meetings. Just turn up for any meeting, see what is happening and meet some of our members. Feel free to attend three meetings before deciding whether to join the Society.

For more details please visit our website : <http://www.tynemouthps.org>



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