



# Living Well North Tyneside

Supporting Health and Wellbeing

We offer a wide range of social and competitive Tennis for players of all abilities and we have an extensive coaching programme which is for juniors and adults.

The junior coaching programme is for children aged 2-18 years old. Beverley Park LTC runs a very successful LTA Youth programme which includes LTA Youth Start, Tots Tennis, LTA Youth Red, LTA Youth Orange, LTA Youth Green and Teenager Tennis. The club also runs Holiday Tennis camps and is available for children Birthday parties.

There is also a variety of sessions in the adult coaching programme from Absolute Beginners to Cardio Tennis. The club also delivers Walking Tennis, Tennis Xpress and Match Practice & Tactics coaching sessions for players who want to get involved with the club's teams and take their game to the next level.

The club hosts annual open days, events and fun social tournaments for everyone to get involved with. Beverley Park LTC has an experienced coaching team who can also provide individual coaching lessons.

For more information please email the club at [beverleyparktennis@gmail.com](mailto:beverleyparktennis@gmail.com).



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<https://clubspark.lta.org.uk/beverleyparkLTC>



Last Updated - 28th November 2023

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